



First Aid Policy FOOTBALL ICON ACADEMY

Introduction

I. FOOTBALL ICON ACADEMY (the Company) is a company run for the following purpose:

Provides professional football training for boys and girls in the uk.

II. The Company is based at:
2 Mountside, Stanmore HA72DT
Company Number: 11780469

Safeguarding officers -

Carla Jorsling-Thomas - 07974139402 (Safeguarding Lead)

Adam Cash 07557003391 (Director)

1. Policy Statement

Football Icon Academy recognises its duty of care to safeguard the health, safety and welfare of all players, staff, volunteers, and visitors. Participation in football carries inherent risks of injury; therefore, the Academy is committed to providing adequate first aid facilities, trained personnel, and clear procedures to ensure immediate and effective response to medical needs.

This policy has been developed in line with current Health and Safety Executive (HSE) guidance, The FA's regulations, and best practice for youth sport.

2. Aims and Objectives

The purpose of this policy is to:

- Ensure a safe environment for football activities.
- Provide clear procedures for the delivery of first aid.
- Ensure that appropriately qualified First Aiders are available at all training sessions, fixtures, and academy events.

- Maintain accurate and confidential accident/incident records.
 - Promote awareness of injury management and safeguarding considerations.
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3. Responsibilities

3.1 Academy Management

- Ensure compliance with first aid legislation and Football Association guidance.
- Appoint a designated **First Aid Officer** to oversee implementation of this policy.
- Provide and maintain appropriate first aid equipment and facilities.
- Ensure staff undertake and maintain recognised first aid training.
- Review this policy annually or in response to changes in legislation or best practice.

3.2 Coaches and First Aiders

- Hold a valid **Emergency First Aid in Sport (EFAiF)** certificate (minimum).
- Administer first aid within the scope of their training.
- Contact emergency services where necessary.
- Ensure parents/guardians are informed promptly of incidents involving players under 18.
- Record all injuries and incidents in the **Accident/Incident Report Form**.

3.3 Players and Parents/Guardians

- Disclose any relevant medical information, conditions, or allergies to the Academy.
 - Follow medical advice regarding injury management and return to play.
 - Co-operate with the Academy in ensuring safe participation.
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4. First Aid Provision

- A **qualified First Aider** will be present at every training session, match, and official academy event.
 - A fully stocked **first aid kit** will be available at all venues and checked monthly.
 - Where available, access to an **Automated External Defibrillator (AED)** will be ensured.
 - A telephone will be available at all venues to contact emergency services.
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5. Emergency Procedures

1. Assess the situation and ensure safety for the injured person and others.
 2. Administer appropriate first aid in line with training.
 3. Call emergency services (999) if required.
 4. Contact the parent/guardian immediately (for players under 18).
 5. Record the incident on the Accident/Incident Report Form.
 6. Follow up with a review of return-to-play protocols if necessary.
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6. Injury & Concussion Management

- Players showing signs of **concussion** will be removed immediately from play and will not return the same day ("**Recognise and Remove**" principle).
 - The Academy will follow The FA's **Graduated Return to Play** protocol.
 - Serious injuries (e.g., fractures, head injuries) will be referred for professional medical assessment.
 - Players must provide medical clearance where appropriate before returning to full participation.
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7. Safeguarding and Welfare

- First aid will be delivered with respect for the dignity and wellbeing of the player.
- Where possible, first aid should be administered in the presence of another adult.

- Parents/guardians will be informed promptly of any incident involving their child.
 - All staff will follow Football Icon Academy's **Safeguarding Policy**.
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8. Record Keeping

- All first aid incidents will be recorded in the Accident/Incident Report Form.
 - Records will include date, time, nature of injury, treatment given, and follow-up actions.
 - Records will be stored securely in line with data protection requirements (GDPR).
 - Reports will be reviewed periodically to identify trends and improve safety.
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9. Training

- All coaches and staff supervising sessions must hold, at minimum, an **Emergency First Aid in Sport** qualification.
 - Staff will be offered refresher training every three years or as required by legislation.
 - Additional training (e.g., concussion management, AED use) will be provided as appropriate.
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10. Policy Review

This policy will be reviewed annually by the Academy Management, or sooner if:

- There are changes in legislation or FA guidance.
 - There are changes in facilities, staff, or academy operations.
 - An incident highlights the need for amendment.
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Approved by:

Name: Adam Cash

Position: Director

Date: 06/03/25

Next Review Date: 06/03/26